

**S E A S C A L E C A R P A R K • L A N E H E A D F A R M • C R O F T
H E A D F A R M A N D B A C K A C R O S S T H E P L A Y I N G F I E L D**

R O U T E

From Seascale Car Park walk northwards along the seafront on the path. After passing the Boat Yard, turn right under the railway arch and bear right and forwards through the Dell following the line of the old culvert. Climb the steps go through the swing gate and turn left. Take the right fork at the 'Y' junction and go up the hill.

The stony track ahead goes along side the Golf Course, (Warning Notice 'Beware of Flying Golf Balls') between How Cottage and How Farm and eventually reaches the BNFL road. Walk this route, but before reaching the BNFL road, turn right at the sign 'Public Footpath Croft Head'. Before reaching Lane Head Farm, go over the ladder stile on the right next to the field gate. Bear left in front of the Farm House and with the hedge on your left, walk to the opening into a second field and then to a stile in the hedge opposite Croft Head Farm.

Go slightly left, then right, through Croft Head Farm and leave by the gate in front of the farmhouse.

With the hedge and the houses on the left, go through a metal gate. At first the path goes between a wire fence (right) and a bank (left) then diagonally right to a stile behind a goal post. Head for the Green Pavilion on the right, but before reaching it, leave the playing field by the footbridge.

Go through the gate ahead, down between Town End Farm and B.B Services garage to pass the Catholic Church and reach Gosforth Road. Turn right and either return to the Car Park via the Dell or the Main Road.

F E A T U R E S

A stone circle stands close to Seascale How in the meadow called Gray Croft. It can be seen across the fields from point A on the map. It consists of 10 large flat sided stones 4 feet high of Borrowdale volcanic rock and an outlier 34 metres to the north of sandstone. In 1820 the farmer, James Fox buried the stones because they impeded his ploughing. They were unearthed by Pelham House School in 1949. They also found Bronze age artefacts, flints, stone axes and a (Whitby) jet ring. Red granite cobbles of a burial cairn were found within the circle. Unfortunately there is no access to the circle.