

W A L K 6 • D I S T A N C E - 7 k m (4 1 / 2 m i l e s)

S E A S C A L E C A R P A R K • D I S U S E D M I L L • C R O S S L A N E S

R O U T E

From Seascale car park go up towards the station and walk northwards along the path on the seaward side of the railway line for approximately 1 1 / 2 k m (1 mile) to a gap in the wire fence where the public footpath crosses the railway line at the sign:

STOP
LOOK
LISTEN
Beware of trains

There are stiles at both sides of the railway line. The second stile leads on to the Golf Course.

Seascale Golf Course
Private Members Only
Beware of flying golf balls

Proceed as directed by the signpost 'Public Footpath Seascale Hall'. Look for the waymarked path through the conifers and join a permissive path which skirts to the left of the 10th green. Cross the beck by a small footbridge. With the beck on the right and the 13th tee on the left, walk towards the stone wall. Pass behind the 11th tees, keeping the bank on the right. Recross the beck at the wide bridge.

With the beck close by on the left follow the path to rough ground, through bracken and gorse, and finally leave the Golf Course at a ladder stile.

Bear left and walk round the edge of the field, look for and go over a stile and now with the fence on the right walk to the ruined Mill.

Pass in front of the building and with the hedge on the right, the path sweeps round to the road ahead. Cross the stile, turn right and return to Seascale via Cross Lanes and the B5344 or via Lane Head Farm (See walk 7).

Note: Choose a time when the Golf Course is clear for this walk.